



Volunteer Opportunity – Pool Spotter

Role Title:	Swimming/Hydrotherapy Pool Spotter
Where:	Swim Gym, Upper Stowfield, Lower Lydbrook, Glos. GL17 9PD
When:	Monday to Friday 10-12, 1-3, 2-4
Commitment:	Regular weekly attendance at one or more of the timeslots stated
Why We Want You:	We want to help and support people who have learning and physical disabilities to access hydrotherapy as often as possible. The more people we have available to help, the more sessions we can offer to those who need them Hydro therapy is a great way of helping to improve the lives of adults who have complex and multiple disabilities A pool spotter helps ensure that sessions are as safe and as enjoyable as possible and by providing extra support to the care staff, that problems are spotted and dealt with safely and effectively
What's In It For You:	The opportunity to meet new people and become part of a team dedicated to improving opportunities for those who have a learning and/or physical disability It's a great way to learn new skills and get some experience; you can use your volunteering experiences on your CV
The Skills You Need:	 To be good with people, confident, approachable and fun To be physically fit and able to swim confidently To have excellent communication skills and a responsible and caring attitude Have good eyesight and hearing To have good timekeeping skills To be willing to learn and undertake training To have a responsible approach
Notes:	Any training and background information will be provided if deemed necessary. We will support you to have access to and become familiar with, appropriate health and safety rules and requirements for this opportunity. A DBS check will be required; the cost will be met by The Orchard Trust.
For more information, contact:	Tina Baker – Volunteer Co-ordinator <u>Tina.baker@orchard-trust.org.uk</u> 01594 861137
July 2018	