



Volunteer Opportunity – Activity Support Volunteer

Role Title:	Activity Support Volunteer
Where:	Orchard Trust Services
When:	By arrangement
Commitment:	Regular attendance would be an advantage
Why We Want You:	To help provide stimulating and safe activities for adults with learning disabilities. Some people need extra help with activities in order to meet their individual needs. This may involve activities that also promote independence. With the support of volunteers people have the opportunity for greater participation in all there is to offer.
What's In It For You:	<p>The opportunity to meet new people and become part of a team dedicated to improving opportunities for those who have a learning and/or physical disability</p> <p>It's a great way to learn new skills and get some experience; you can use your volunteering experiences on your CV</p>
The Skills You Need:	<ul style="list-style-type: none"> • To relate well to people to be confident, approachable and fun • To have a keen interest and knowledge of varying activities • A willingness to participate in all sorts of activities, these could be gardening, arts and crafts, cooking, IT, trips out etc. • Have a positive outlook • Have a responsible and caring attitude • A willingness to work independently or as part of a team • To be willing to learn and undertake training • Maintain confidentiality
Notes:	<p>Any training, equipment and background information will be provided if deemed necessary.</p> <p>We will support you to have access to and become familiar with, appropriate health and safety rules and requirements for this opportunity</p>
For more information, contact:	<p>Tina Baker – Volunteer Co-ordinator Tina.baker@orchard-trust.org.uk 01594 861137</p>